

Preliminary program DMLS 2019 - Cabo Verde

v2.0

Date + time

What

Saturday 2/11

17:30	Transfer hotel to the port
18:00	Embarkation course participants on board of the <i>Santa Maria Manuela</i>
19:00	Welcome + introduction
19:30	Dinner
20:30	Safety briefing

Sunday 3/11

07:30	Breakfast
08:30	Lecture <i>patient assesment in aquatic environment</i>
09:30	Lecture <i>seasickness</i>
10:30	Coffeebreak
10:45	Tour around the ship
11:45	Equipment fit
12:30	Lunch
13:30	Diving: dive 1/snorkeling/activities on board
15:00	Workshop carrousel: <i>navigation, communication and boat handling</i>
17:00	Free time
19:00	Dinner
20:00	Lecture <i>Dermatologic problems in and around the water</i>
21:00	End of day

Monday 4/11

07:30	Breakfast
08:30	Lecture <i>physics & physiology of diving</i>

10:00	Coffeebreak
10:15	Lecture <i>cruise ship medicine</i>
11:15	Diving: dive 2/snorkeling/activities on aboard
13:00	Lunch
14:00	Lecture <i>medical planning & kits</i>
15:00	Diving: dive 3/snorkeling/activities on aboard
16:30	Free time
18:00	Dinner
19:00 optional/facultative	Crew lecture/stories/personal experience
20:00	End of day

Tuesday 5/11

07:30	Breakfast
08:30	Lecture <i>man overboard</i>
09:30	Lecture <i>drowning, hypothermia & exhaustion</i>
10:15	Coffeebreak
10:30	Workshop <i>Man overboard & advanced life support</i>
12:00	Lunch
13:00	Scenariotraining (≥3 groups)
14:30	Lecture <i>on board emergencies</i>
15:30	Lecture <i>SAR, Aeromedevac, Radio medical services & DAN</i>
16:30	Free time
18:00	Dinner
19:00 optional/facultative	Crew lecture/stories/personal experience
20:00	End of day

Wednesday 6/11

07:30	Breakfast
08:30	Workshops: setting sails/sailing

10:00	Coffeebreak
10:15	Lecture <i>DCS & treatment</i>
11:15	Lecture <i>ENT problems related to the aquatic environment</i>
12:00	Lunch
13:00	Scenariotraining (≥ 3 groups)
14:30	Lecture <i>Hazardous marine life</i>
15:30	Workshops: sailing
17:00	Free time
18:00	Dinner
19:00 optional/facultative	Crew lecture/stories/personal experience
20:00	End of day

Thursday 7/11

07:30	Breakfast
08:30	Lecture <i>Hyperbaric medicine & the chamber</i>
09:30	Workshop <i>abandon ship & sea survival</i>
11:00	Coffeebreak
11:15	Diving: Dive 4/snorkeling/activities on board
13:00	Lunch
13:45	Diving: Dive 5/snorkeling/activities on board
15:15	Scenariotraining (≥ 3 groups)
17:00	Free time
18:00	Dinner
19:00 optional/facultative	Crew lecture/stories/personal experience
20:00	End of day

Friday 8/11

07:30	Breakfast
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08:30	Diving: dive 6&7/snorkeling/activities onboard
11:30	Lunch
12:30	Scenariotraing (≥ 3 groups)
14:00	Examensscenario's
17:00	Drinks
17:45	Wrap up + certificates
18:00	Dinner

Saturday 9/11

07:30	Breakfast
08:30	Disembark at Sal island
09:30	End of course